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AFRT Administrator

representing

**Association Française pour la  
recherche sur la Trisomie 21**

France

[www.afrt.fr](http://www.afrt.fr)



# AFRT

## *Perspectives and initiatives*



Created in 1990 by a group of scientists working at Necker Hospital, Paris, to promote research

Now an association of parents and families concerned by T21 and who trust the importance of basic, clinical and epidemiological research

Localisation: Université Paris-Diderot, 75005 Paris Cedex 13  
President : Jacques Costils  
Board: 2 Vice-President and 1 treasurer  
A scientific and medical committee composed of 12 members

# Down syndrome Day



In 2005, has initiated the first Down syndrome day and made the first celebration of this date in Paris, the theme was « *From patients to research: understand to better assist* ».

Since then, every year AFRT has organized events and conferences on March 21 aiming professionals and families.

In 2014 in Lyon, the theme was “*Health and well being*”.

In 2015 in Paris, the theme was “*Trisomy 21 New Horizons*”.

*You can find all the programs and the abstracts of the last 10 manifestations on our web site: [afrt.fr](http://afrt.fr)*

# AFRT

## *Initiatives and Perspectives*



Since 5 years, AFRT participate to the National festival of Science for the general population and thus present what is trisomy 21 to 150 high school students

We have already published 23 issues of our publication  
**« *News on chromosome 21* »**

### **Perspectives:**

Creation of local associations

- The first one, AFRT 78 is inaugurated this june 6<sup>th</sup>
- Two others will be soon created

### **INITIATIVES**

- **Ageing program in collaboration with UNAPEI**
- **Sleep program with melatonin assesment**